

## Past Conference Report of Positive Psychology, Mindfulness, Psychotherapy and Social Sciences Conference

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### Thank You all for attending Positive Psychology 2019 and witnessing the Happiness!

Another Positive Psychology Conference; Happiness event has been successfully completed. Sensing the rising importance of Positive Psychology, Positive Education, Happiness, and Mindfulness & Philosophy, we hosted “**30<sup>th</sup> World Summit on Positive Psychology, Mindfulness, Psychotherapy and Philosophy**” conference short name Positive Psychology 2019, scheduled from **March 18-19, 2019 Chicago, USA** – and we must say thank you to all the attendees, Double Tree by Hilton Chicago North Shore Hotel Staff, and the Committee, Ad-Sponsors & Media partners and everyone else that helped to make this Happiness Event a huge success with the theme: “*Psychological and philosophical pursuit of happiness and wellbeing*” a successful conference. The conference was successful in gathering eminent speakers from various reputed organizations and their paramount talks enlightened the gathering.

### To Attendees,

We hope that you obtained the kind of advanced technical information in the arena of Positive Psychology, Mindfulness, Happiness, Psychotherapy, and Philosophy that you were seeking, and that your role in the field has been enhanced via your participation. We extend our grateful thanks to all the momentous speakers, exhibitors, students, conference attendees who contributed towards the successful run of the conference. The conference was marked by the attendance of young and brilliant researchers, business delegates and talented student communities representing more than 12 countries, who have driven this event into the path of success. The conference highlighted through various sessions on current retroviral research.

**Positive Psychology 2019** witnessed an amalgamation of peerless speakers who enlightened the crowd with their knowledge and confabulated on various new-fangled topics and exciting innovations in all areas of Positive Psychology like Positive Education, Positive Thinking, Happiness, Mindfulness, Buddhism, Gratitude, Leadership, Subjective Well-being, Flourishing, Thriving, Flow, Wellness and Psychotherapies like CBT, ACT, MGBT and also the Mental Health & Illness research. We offer a heartfelt appreciation to all the Committee Members, Chairs and Co-chairs, Speakers, Students, Media Partners, who supported the conference in every aspect for the awe-inspiring exhibition at the venue.

The meeting was carried out through various sessions, in which the discussions were held on the following major

**Scientific Sessions:** Positive Psychology Interventions; Happiness & Mindfulness; Psychotherapy & Humanistic Psychology; Yoga, Meditation & Spirituality; Philosophy & Resilience; Subjective Well-being & Flourishing; Mental Health & Wellness; Child & Adolescent Psychology; Industrial & Organizational Psychology; Addiction & Recovery; Autism, Stress, Depression & Anxiety.

Positive Psychology 2019 Committee extends its warm gratitude and congratulates the Honorable Moderators, Honorable Guests, Keynote Speakers, Chairs and Co-Chairs, Judges for their remarkable contribution towards smooth functioning of this esteemed event.

**Moderator: Dr Patricia Garcia**, University of Miami Miller School of Medicine, USA.

#### Keynote Speakers:

**Dr L Ari Kopolow**, George Washington University School of Medicine, USA

**Dr Rodney B Dieser**, University of Northern Iowa, USA

**Dr John McIntosh**, Mackay Superclinics and Exqisit Life Foundation, Australia

**Dr Elizabeth McIntosh**, Mackay Superclinics and Exqisit Life Foundation, Australia

**Dr Asoka Jinadasa**, Intrinsic Leadership Academy, Sri Lanka

The event enlightened various areas of Psychology, Psychotherapy, Psychiatry, Mental Health, Philosophy and Neuroscience with Keynotes, Plenary lectures, Workshops and Poster presentations, Virtual and E-posters from the speakers of various Academic Universities and Organizations. We are privileged to felicitate Positive Psychology 2019 Committee, Keynote Speakers, Chairs & Co-Chairs and the Moderator & Judges of the conference whose support and efforts made the conference to move on the path of success. We also thank every individual participant for the enormous exquisite response. This inspires us to continue organizing events and conferences for further research and development in the fields of Positive Psychology, Mindfulness, Happiness, and Psychotherapy & Mental Health. We are also obliged to various delegate experts, company representatives and other eminent personalities who supported the conference by facilitating active discussion forums. Our committee is gearing up with more innovative and explorative sessions to unleash the boundaries of the Psychology, Psychiatry, Mental Health, Psychotherapy, Neuroscience and Social Sciences in coming the year 2020 at Orlando, Florida, USA.

With the completion of Positive Psychology 2019, we are glad to announce the “**31<sup>st</sup> World Summit on Positive Psychology, Mindfulness, Psychotherapy, and Social Sciences**” which will be scheduled during **March 27-28, 2020** in **Barcelona, Spain** with the theme: “*Building Strengths towards Happiness, Wellbeing and Positive Education*”. We cordially welcome all the Academicians i.e. University Professors, Faculty and Staff, Psychologists, Psychiatrists, Psychotherapists, Counsellors, Researchers, Coaches, Nurse practitioners, PhD Scholars, Graduates & Postgraduates Students, Therapists, Social workers, Exhibitors, Sponsors, Buddhist Monks, Happiness & Mindful experts, Yoga & Meditation coaches, Primary Care providers, Medical Healthcare givers, Pharma Industries Entrepreneurs, Directors, CEO’s, Training Centers &

Institutes, Industry Suppliers & Vendors, and Delegates to take part in this upcoming conference to witness invaluable scientific discussions and contribute to the future innovations in the fields of Positive Psychology, Mindfulness, Social Sciences, Psychology, Psychiatry, Psychotherapy & Mental Health with 10% abatement on the Early Bird Prices. The first round of Abstract submission deadline is May 31, 2019.

Bookmark your dates for “**Positive Psychology 2020**” as the Nominations for Best Poster Awards and Young Researcher Awards are open across the world.

For More details visit: <https://positivepsychology.annualcongress.com/>